



Fostering Intercultural Communication through Mobility

Day to Day plan of the training course:

Day 1

Arrival of Participants;

Day 2

07.30: Breakfast

09.00: Departure from Hotel to Course Venue

09.15: Lecture 1: Introduction to Mobility – how does the Mobility experience affect us?

10.30: Coffee Break.

11.00: Lecture 2: Motivating Mobility – how can motivation affect our mobility experience

13.00: Lunch.

15.00: How good are our motivation skills – how to develop more intrinsic motivation skills.

16.30: Return to Hotel from Course Venue.

19.00: Dinner at Hotel.

Day 3

07.30: Breakfast

09.00: Departure from Hotel to Course Venue

09.15: Lecture 3: Identity and its influence on the mobility experience.

10.30: Coffee Break.

11.00: Field Trip Preparation.

13.00: Lunch.

15.00: Field Trip – Simulation of a cultural/mobility situation.

16.30: Return to Hotel from Course Venue.

19.00: Dinner at Hotel.

Day 4

07.30: Breakfast

09.00: Departure from Hotel to Course Venue

09.15: Lecture 4: Evaluating the field trip – dealing with the challenges.

10.30: Coffee Break.

11.00: Lecture 5: Handling Cultural shock - Transforming the cultural shock into a source of learning.

13.00: Lunch.

15.00: Lecture 6: Discussion and sharing of knowledge/experience.

16.30: Return to Hotel from Course Venue.

19.00: Dinner at Hotel.



Day 5

07.30: Breakfast.

09.00: Departure from Hotel to Course Venue

09.15: Lecture 7: Understanding and assessing Intercultural competences as a learning outcome.

10.30: Coffee Break.

11.00: Lecture 8: Exploring different intercultural competences through literature and film.

13.00: Lunch.

15.00: Discussion.

16.30: Return to Hotel from Course Venue.

19.00: Dinner at Hotel.

Day 6

07.00: Breakfast.

09.00: Departure from Hotel to Course Venue

09.15: Lecture 9: Developing Intercultural Competences through Education.

10.30: Coffee Break.

12.30: Lunch.

14.30: Lecture 10: Approaches and activities that help to develop intercultural competence.

16.30: Evaluation Session

19.00: Farewell Dinner followed by Presentation of Certificates.

Day 7

07.00 – 10.30: Breakfast.

11.30: Departure of participant/s
