



## **Fostering Intercultural Communication through Mobility**

Day to Day plan of the training course:

### **Day 1**

Arrival of Participants.

18.00: Introductory Meeting, Presentation by Host and Participants ' Logistics; Registration of Participants, Welcome Drink.

### **Day 2**

09.00: Lecture 1: Introduction to Mobility – how does the Mobility experience affect us?

10.30: Coffee Break.

11.00: Lecture 2: Motivating Mobility – how can motivation affect our mobility experience

Lunch Break

15.00: How good are our motivation skills – how to develop more intrinsic motivation skills.

17.00: End of Day

### **Day 3**

09.00: Lecture 3: Identity and its influence on the mobility experience.

10.30: Coffee Break.

11.00: Field Trip Preparation.

Lunch break

15.00: Field Trip – Simulation of a cultural/mobility situation.

17.00: End of Day

### **Day 4**

09.00: Lecture 4: Evaluating the field trip – dealing with the challenges.

10.30: Coffee Break.

11.00: Lecture 5: Handling Cultural shock - Transforming the cultural shock into a source of learning.

Lunch Break

15.00: Lecture 6: Discussion and sharing of knowledge/experience.

17.00: End of Day

**Day 5**

09.00: Lecture 7: Understanding and assessing Intercultural competences as a learning outcome.

10.30: Coffee Break.

11.00: Lecture 8: Exploring different intercultural competences through literature and film.

Lunch Break

15.00: Discussion.

17.00: End of Day

**Day 6**

09.00: Lecture 9: Developing Intercultural Competences through Education.

10.30: Coffee Break.

Lunch Break

14.30: Lecture 10: Approaches and activities that help to develop intercultural competence.

19.00: Evaluation Session.

20.00: Farewell Dinner followed by Presentation of Certificates.

**Day 7**

Departure of participant

Social activities to be held in the late afternoon