



---

## **The Natural Heritage of the Mediterranean Region:**

### **Preparation:**

Malta is so rich in flora and fauna that it has been rightly defined a botanical paradise. This natural heritage must not only be cherished but protected for future generations to enjoy. Participants in this course are requested to have a basic knowledge and use of the English language.

They will be asked to complete an online pre-course questionnaire which will give our tutors useful information about their background and about the motivations that have led them to choose this course. This will be followed by our course acceptance and enrolment letters. Participants should also prepare for this course by doing some reading or internet research on the subject in their respective country so as to add their own knowledge and thoughts to the course discussions.

Prior to arrival applicants will receive by email some general information on nature in Malta as well as a list of suggested reading material and research sites together with a detailed programme and contents of our course.

In addition we will provide:

- Information on how to obtain grants and how to fill out application forms.
- Information of payment schedule
- Hotel accommodation in single rooms on Full Board basis
- All transport except airport transfers

Participants will also be able to log onto the programme's internet site to access information on Malta's natural heritage so as to help them prepare better for their course in Malta.

### **Objectives:**

The course has been organized so as to illustrate the beauty and variety of nature and to recognize the uniqueness and importance of our natural heritage. The lectures and country walks envisaged impart a deeper understanding of the Maltese "widien" valleys, plants and animals, and increase one's awareness and appreciation of these beautiful resources.

We are offering participants a closer view of the local flora and fauna not only as a complement and stimulus for a greater understanding of the topic but to instil a greater sense of responsibility towards nature and to contribute to the safeguarding of our rich natural heritage and to ensure that future generations will still enjoy it

The course also aims at motivating teachers of making good use of both published material and field works to make their teaching more interesting and effective as well as improve their command of spoken English.



Participants are encouraged to exchange knowledge and share personal experiences with the other participants and lecturers as well as promote a different approach to the study of flora and fauna with field work, conservation and the environment.

This course should be beneficial to biology, geography and environmental students as well as all nature lovers eager to gain knowledge of the plant world, wildlife, landscape and nature's natural heritage.

### **Methodology**

The course is spread over five working days 40 hrs and will consist of a series of lectures with site-visits to complement the topics of the day. Highly qualified lecturers ensure a simple approach of the highest levels of learning. The course will be taught interactively and participants are expected to take an active role in all sessions experiencing for themselves the activities covered in the sessions.

The groups of participants are purposely small in number. This promotes a more dynamic, direct and flexible learning process. Most learning will take place in direct contact with the different public during the number of field works outside the classroom. While in the classroom, presentations in power points, an academic dossier, and audiovisual material will be used.

Site visits and field trips are an integral part of the course and all sessions will be practical and should help teachers reflect on their approach to teaching today's students. There will be ample time for discussion on the topics both in the lecture room and on site. At the end of the day handouts / notes will be given to all participants on what has been covered.

At the end of the course there will be a full discussion and an evaluation session so that participants can report their opinion on the quality of the training. This will be followed by the presentation of Certificates to the participants.

### **Follow-up**

The organizers will keep close contact with all the participants either via email or communication in order to be able to answer queries about particular issues related raised in the course. We will also be available to help course participants in drawing up further courses/modules about the natural habitat of the Mediterranean Region. In addition participants will be given email contact details of all trainers for future support and guidance. Participants will be able to access a website dedicated to the project and download the material from the course. They will also be able to view and download photos of the activity as well as have complete access to all participants' contributions. This will help grow and strengthen the relationship between participants and teachers and allow for information exchange and learning even after the course has ended.

- **Address:** 122, Oats Street, Attard, ATD 3015, Malta • **Tel / Fax:** +356 21 436 384
- **Email:** info@sansfrontierseurope.com • **Website:** www.sansfrontierseurope.com



All documents and material produced in the course will be made available on line through the association website besides teachers will be introduced to various web-based sites which they could use after the course.

Participants will also be receiving our e-newsletters to keep them adjourned on information on future courses, evaluation of new material and to exchange comments on experiences and opinions through Skype or Facebook.

### **Day-to-Day Programme:**

#### Day 1:

Arrival of Participants.

19.00: Introductory Meeting, Registration of Participants, Welcome Drink.

20.00: Social Dinner

#### Day 2:

07.30: Breakfast.

09.00: Lecture 1: Flora & Fauna of the Mediterranean Region.

Field Work: Mellieha Walk around St. Agata's Tower.

10.30: Coffee Break.

11.00: Lecture 2: Bees & Honey.

Field Work: Xemxija Roman Beehives.

13.00: Lunch in typical Maltese restaurant.

15.00: Discussion.

16.30: Return to Course Venue.

19.00: Social Dinner.

#### Day 3:

07.30: Breakfast.

09.00: Lecture 3: Hamlets & Villages.

Field Work: Bingemma Walk - The Victoria Lines.

10.30: Coffee Break.

11.00: Lecture 4: Wayside Chapels & Corbelled Huts.

Field Work: Wied Speranza.

13.00: Lunch in typical Maltese restaurant.

15.00: Discussion.

16.30: Return to Course Venue.

19.00: Social Dinner



Day 4:

07.30: Breakfast.

09.00: Lecture 5: Olive Pressing in the Mediterranean Region.

Field Work: Wardija Olive Pressing.

10.30: Coffee Break.

11.00: Lecture 6: Trees of the Mediterranean.

Field Work: Buskett Gardens - Dingli.

13.00: Lunch in typical Maltese restaurant.

15.00: Discussion.

16.30: Return to Course Venue.

19.00: Social Dinner

Day 5:

07.30: Breakfast.

09.00: Lecture 7: Geological Formation of the Maltese Islands.

Field Work: Siggiewi Limestone Heritage.

10.30: Coffee Break.

11.00: Lecture 8: The Coastal Marine Environment.

Field Work: Natural History Museum.

13.00: Lunch in typical Maltese restaurant.

15.00: Discussion.

16.30: Return to Course Venue.

19.00: Social Dinner

Day 6:

07.00: Breakfast.

09.15: Ferry to Gozo (weather permitting).

10.00: Lecture 9: Dwejra Coastal Heritage Park.

Field Work: Dwejra.

13.00: Lunch in typical Maltese restaurant.

15.00: Field Work: Wied Nunziata.

16.30: Ferry Return to Course Venue.

19.00: Evaluation Session.

20.00: Farewell Dinner followed by Presentation of Certificate

Day 7:

07.00 – 10.30: Breakfast.

Departure of participants.